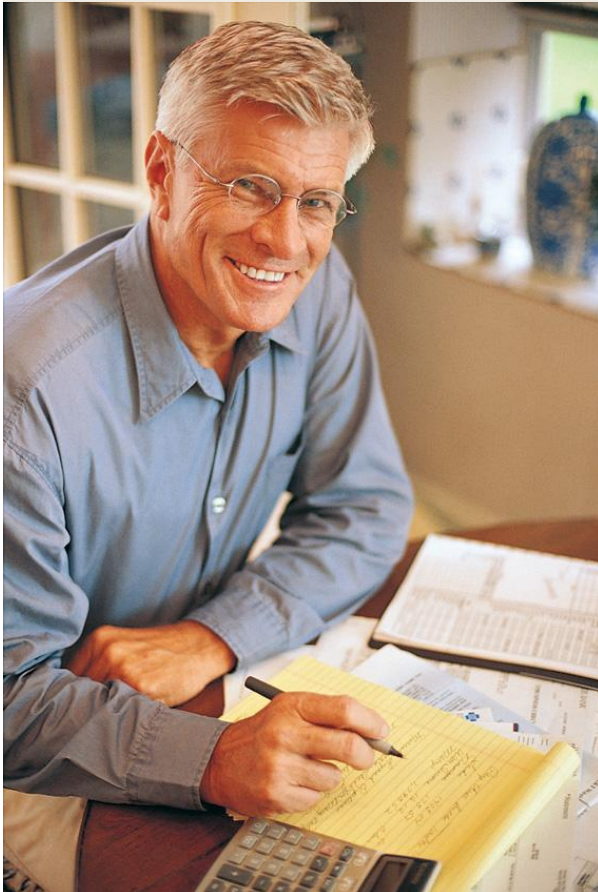


Comprehensive Success Coaching Services

A dynamic time used
to focus on change,
planning and goal
setting.



Contact Us:

True North Consulting Ltd.

*Coaching, Counselling &
Chaplaincy Services*

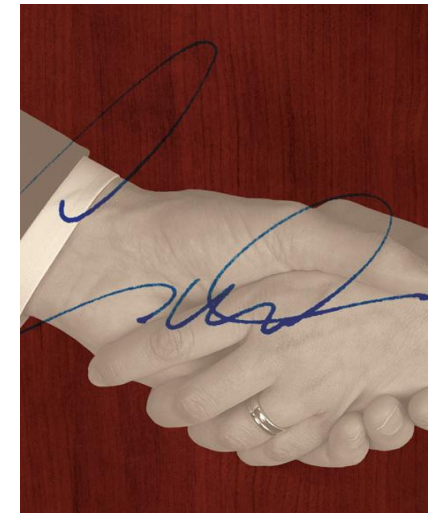
84 Abberfield Court NE
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True North Consulting Ltd.

PROFESSIONAL
SUCCESS
COACHING
SERVICES



“Navigating Life”

Addressing Your Concerns



We provide to our clients, an Introductory fifty minute Coaching Session at a discounted price, with the objective to discover if there is a reason for us to have a working relationship and to explore what we could accomplish in a reasonable time frame (initially 3 to 6 months) and how we would measure these accomplishments.

During our Introductory Session we use a variety of assessment tools to help to visualize and articulate what the end goal is. We may also establish two or three initial goals to work on and gauge if you (the client) and we (the coach) are excited about the possibility of achieving these goals.

Lastly, we assess if we have been able to establish a communication base to work from. Each client needs to be able to assess how this feels for them? How do they feel about working together? And, lastly, if they are interested in giving coaching a try. The answers to the above questions shall determine if we will enter into a contractual proposal. ■

CALL TODAY 587.777.8783

Securing Your Future

True North Consulting Ltd. provides a variety of professional coaching services including Personal and Corporate Coaching, ADD/ADHD Management, Relationship Coaching and Personal Development. Our practice is based on utilizing recognized competencies and principles of professional coaching that involves discovering and holding out a possibility in front of the client, while coaching them to move forward to the next level, with **relentless compassion**, by setting goals, planning and taking action steps and achieving desired outcomes. ■

Realizing Your Dreams

Should you, the client, and we, the coach, find a mutual consent to work together True North Consulting Ltd. will provide the client with their own Coaching Reference Manual which includes forms, assessment and planning tools, disclosure and coaching agreement proposal and fees schedule as agreed upon. ■

“Coaching is committing to setting aside a dynamic time for focusing on change, planning, and goal setting to obtain significant improvement with the assistance of a Professional whose sole interest is investing in your success!”

Your Professional Coach is...

- YOUR PARTNER IN ACHIEVING SUCCESS
- YOUR CHAMPION DURING A TURNAROUND
- YOUR TRAINER IN COMMUNICATION AND LIFE SKILLS
- YOUR SOUNDING BOARD WHEN MAKING CHOICES
- YOUR MOTIVATION WHEN STRONG ACTIONS ARE CALLED FOR
- YOUR UNCONDITIONAL SUPPORT WHEN YOU TAKE A HIT
- YOUR MENTOR IN PERSONAL AND CORPORATE DEVELOPMENT
- YOUR CO-DESIGNER WHEN CREATING AN EXTRAORDINARY PROJECT
- YOUR PERSONAL ASSISTANT IN ACTIVATING VISION AND CHARTING DESTINY
- YOUR BEACON DURING STORMY TIMES
- YOUR WAKE-UP CALL IF YOU DON'T HEAR YOUR OWN AND MOST IMPORTANTLY...
- YOUR PROFESSIONAL COACH IS YOUR PARTNER IN HELPING YOU
- HAVE ALL OF WHAT MATTERS MOST TO YOU

